

## **FARM GATE ROUNDUP Saturday 3<sup>rd</sup> February 2007**

**David Mason: 4588 2144 (W); 4572 1337 (H); 0411 128 456**

**Interviewer: Simon Marnie**

**It's been a long time since we have spoken David – Churchill Fellowship**

Local food trend in North America

### **Well back to business - what's on the FGT this week?**

#### OYSTERS IN THE HOUSE

Hawkesbury Harvest and its members will be on show again on the 8th of February next Thursday at the 'Oysters in the House' event at Customs House, Circular Quay. This is a joint oyster and regional tourism promotion that links oysters with regional areas, wineries and restaurants. The Sydney rock oyster will be featured.

Start in the Oyster Bar – Taste and Rate for the Peoples Choice Award  
Move to the Regional Showcase – Taste local wines with local Oysters  
Finish in the Rock Salt Bar – relax on the balcony.

Three (3) sessions 4.30pm, 5.30pm, 6.30pm  
Special guest MC: Simon Marnie, ABC Radio

For \$20 you get 1/2 Doz Oyster Natural and 1/2 Doz Oysters prepared in a variety of ways, regional wine tasting, non alcoholic refreshments and 1 Tablekraft stainless steel Oyster fork.

Hawkesbury Harvest will be represented by

Colo River Valley Wines  
Vicary's Winery  
Broken Bay Oysters

To book go to the HH website and click on the 'Events' tab.

#### LOCAL PRODUCE

I have spoke with Philip Barba from Galston 359 and he has White Nectarines, Roma Tomatoes, Strawberries, Peaches, white and yellow, at the road side stall all weekend. Philip will also be at the Hawkesbury Harvest Farmers and Gourmet Food market on the 10th February – next Saturday - This is our first market of the year.

Apples are still coming through in the mountains – lots of pick your own at John Galbraith and Bill Shields orchards. If you want to have a yarn with a fair dinkum farmer, talk to John or Bill and if you have all day you can talk to both of them. You

will come away a better person.

The chestnut/walnut season will start in about 5 weeks – a little earlier this year due to the climatic conditions . Visit the website for Kookootonga Walnut and Chestnut Farm and Nutwood Farm at Mount Irvine who are preparing their properties for you to pick you own. Nutwood Farm has been in contact with the Gourmet Traveller for a photo shoot of the Walnuts.

### **Dubbo and Region Farmers Market.**

Hosting the Australian Women's Weekly and Commonwealth Bank On the Road with Today this coming Saturday

On the lawn, Dubbo Visitors Centre - 8am – 12 noon - Entry is free

There's goodies to give away, information to look at and on-site cooking with the Australian Women's Weekly Food Director – Lyndey Milan as well as The Sunny Cowgirls country music performers on hand!

Lots of local foods to buy including homemade jams, chutneys, marinades, mushrooms, cakes and speciality breads.

Listed below are some of the members of Hawkesbury Harvest that would be happy to see you.

#### Dural Galston Area.

Place	Address	Telephone	Opening Hours	Map #
The Geranium Nursery and Cafe	828 Old Northern Rd. Dural	0296520475	7 Days 9am – 5pm	34
Nati Bros Roses	790 Old Northern Rd. Dural	0296511375	7 Days 8am – 5pm	35
Berry Good Farms	53 Arcadia Rd Galston	0296531311	7 Days 8am – 5pm	37
Lauders Loft	14 Black Rd Arcadia	0296532422	24 Hours	38
Galston Strawberries at 359	359 Galton Rd Galston	0296531082	Fri, Sat –Sun 10 am – 3 pm	36
Balanced Essential	3046 Old Northern Road Glenorie	0296520555	Weekdays only, other by Appointment	44
Alpacandes Alpaca Lodge		0296531693	By Appointment	
Darling Mills Farm		0296551339	By Appointment	
Virgina Wool Farm Works		0296541069	By Appointment	
Waddells Packing Shed	377 Galston Rd Galston	0296531331	Open till mid April	

If you are interested in a tour of the Farm Gate Trail: Ryan Thompson from Good Az Gold Tours can organise a personalised tour of your choice. Please contact Ryan on 0408973267 or Hawkesbury Sightseeing Tours, Janice Hart. 0408751422

#### West River Run

Place	Address	Telephone	Opening Hours	Map #
The Orange Spot	247 Wilberforce Rd Windsor	0245772763	Thurs – Sun 9am – 6pm	26
M& A Butchery	62 King Road, Wilberforce	0245751233	Mon-Fri 7am – 6pm, Sat 7am – 2pm	27
The Hawkesbury Vegetable Farm	13 Carrs Rd, Wilberforce	0245763529	Saturday Only 9am – 3pm. or ring for appointment (0417443057)	28
Tizzana Winery	518 Tizzana Rd, Ebenezer	0245791150	Sat –Sun 12noon – 6pm. Weekday by Appointment.	29
Talai Estate	748 Wisemans Ferry Rd. Maroota South	0245728493	Fri, Sat, Sun 10am – 6pm	51
Renaissance Rocking Horses & The Loft at Rocking Horse Lodge	143 Pitt Town Road Pitt Town	0245778697	7 Days	50
The Strawberry Farm	271 Windsor Rd. Vineyard.	0245776545	7 days 9am – 5pm.	
Hawkesbury River Prawns		Troy Ireland	0407664756	
Desert to Bush		Michael	0419127599	
Gary Howard's Hawkesbury River Prawns		Gary	0245754009	

St Albans Gallery	17 Wharf Road St Albans	0245682286	11am – 5pm Sat Sun & PH	
Deschamps Delights	241 St Albans Road Lower McDonald	02 45 664 530	10am - 4pm Tuesday, Thursday, Saturday and Sunday	53

If you are interested in a tour of the Farm Gate Trail: Ryan Thompson from Good Az Gold Tours can organise a personalised tour of your choice. Please contact Ryan on 0408973267 or Hawkesbury Sightseeing Tours, Janice Hart. 0408751422

### North River Run

Place	Address	Telephone	Opening Hours	Map #
Pepes Ducks	17 Walker St South Windsor	0245 774233	Mon-Fri 8am – 3pm. Open on Sat from Oct – 7am – 12noon.	21
Penrith Valley Oranges	800 Castlereagh Rd Castlereagh	0247762332	Jan – Jun 9.00am to 5pm 7 days	20
Breewood Gallery	310 Windsor St Richmond	0245789100	Mon-Sat 9am - 5.30pm	19
Panthers North Richmond	33 Beaumont Av North Richmond	0245711757	Daily from 11.30am	18
Tanglin Lodge Alpaca	128 Tennyson Road Tennyson	0245766929	By Appointment Only	16
Enniskillen Orchard	753 Grose Vale Rd Grose Vale	0245721124	Wed – Sun 9.30am – 6pm	15
Sebel Resort and Spa Hawkesbury	61 Richmond Rd Windsor	0245774222	Every Day	23
Blue Mountains Natural Spring Water	11 Grandview Lane Bowen Mountain	0245721275	Mon – Fri 9am -5pm. Weekend by Appointment	
Packing Shed Patchwork	201 Cabbage Tree Road Grose Vale. (street on map)	0245721126	By Appointment	65
Kurrajong Kitchens		0245773299	By Appointment	

If you are interested in a tour of the Farm Gate Trail: Ryan Thompson from Good Az Gold Tours can organise a personalised tour of your choice. Please contact Ryan on 0408973267 or Hawkesbury Sightseeing Tours, Janice Hart. 0408751422

### Mountains Run

Place	Address	Telephone	Opening Hours	Map #
Fernbrook Garden & Botanical Gallery	2 Queen St Kurrajong Heights	0245677330	Fri – Mon 120am – 4.30pm. March to December	11
Pine Crest Orchard	2549 Bells Line of Road	0245671143	Mid Jan - April	6
Mount Tomah Botanical Gardens	Bells Line of Road, Mount Tomah	0245672154	Mar – Sept 10 – 4pm Oct- Feb 10 – 5pm	2
Loxley on Bellbird Hill	993 Bells Line of Road, Kurrajong Hills	0245677711	7 Days	12
Lochiel House	1259 Bells Line of Road, Kurrajong Heights	0245677754	Wed –Sun 10am - 3pm, 6pm -9pm	10
Sassafras Creek	83 Old Bells Line of Road Kurrajong	024573 0988	Hours: 7 days a week 9 am to 5 pm until Christmas	61
Toque Restaurant	85 Bells Line of Road	02 45732724	Wed – Sun	62
Shields Orchard	2270 Bells Line of Road	02 45671206	7 Day, in Season Jan – Mid may.	64
Town and Country Gardens		0245672026	Open 10am to 4pm, Sun and Mon in Oct, Nov, Jan, Feb and Mar or by appointment at other times	66
Mt Tomah Farm	Bells Line of Rd Mt Tomah	0245672029	By Appointment	

If you are interested in a tour of the Farm Gate Trail: Ryan Thompson from Good Az Gold Tours can organise a personalised tour of your choice. Please contact Ryan on 0408973267 or Hawkesbury Sightseeing Tours, Janice Hart. 0408751422