

FARM GATE ROUNDUP Saturday 3rd March 2007

Alan Eagle: 02 45 753211 (Butchery / Abattoir) 0415244477 (M)

Alan Good Morning,

Good Morning Simon.

Where are you today ?

Simon, I have driven out to Wilberforce where in 6th December 1810 Governor Macquarie named this tiny village after the English politician Wm. Wilberforce Esqr.

What's in Wilberforce?

Would you believe it Simon, the only abattoir in Sydney with a retail butchery attached to it. Michael and Angela Diasinos and their two sons who are fourth generation butchers who bring local and regional meats to Wilberforce the Hawkesbury. They process their meats from paddock to plate.

I'll hand you over to their son Dean for a chat.

Good Morning Dean,

G'Day Simon

When was the abattoir built ?

There is a lot of conjecture about this Simon, some local historians say around 1813 and some say around 1889.

What did they process back in the 1800's

The usual meats but the volumes are a bit down on todays demand, they processed just one beast and two sheep per week now we process 300 beasts, several hundred lambs and a few pigs each week

Where do you source your beef from?

The McGrath's Hill and the Camden sales yards and we source some lambs from around Goulburn.

Do the local Hawkesbarians make use of the abattoir ?

Yes Simon, we have a lot of local farmers who bring their animals in to get processed. We dress it, cut it up into their favourite cuts and use some of the trimmings for Sausages. The locals bring in mostly, Beef, Lamb, Goats and the occasional Pig..

I hear you have many varieties of Sausage?

Yes Simon, we have 11 varieties, of which 10 are made here on the premises from local product.

Sweet Chilli and Plum, Sweet Chilli and Mango
Lamb, Honey, Mint and Rosemary, Crushed Walnut and Cranberry
Red Wine and Herb, Mix Grill
Herb and Garlic, Tomato, Onion and Bacon
and the old standard thick and thin beef.

Sounds Delicious, do you have other product;

Yes, Simon. Venison and Kangaroo unfortunately not local, our chickens come from Blacktown. We are best known for our Sides of Lamb and Whole T Bones. We like to educate the customers around the different cuts and uses so we spend a bit of time showing them how the meat is cut up and how to get the best flavours from it. We use educational material from the industry body to assist with the education.

Alan said earlier you were a fourth generation Butcher

Can you tell me a little of your family History.

Yes Simon, My Great Grand Father was a butcher in Greece and his son, my Grand Father, also learnt his trade in Greece, but immigrated to Australia in around 1960.

He purchased a shop at 42 Oxford St Paddington, right in the heart of Sydney. Later my Dad who learnt the trade from the family opened a shop in Ultimo and then Burwood before we moved to Wilberforce.

Mum and Dad have been running M&A butchery since 1991 and I have been here full time along with my twin brother Sam for about 8 years, but I helped around the shop prior to learning my trade.

Thanks Dean, Can you hand me back to Alan

That was interesting Simon. You don't really know who is contributing to your local community until we take time out to have a chat.

Alan, what is happening with the rest of the produce on the trail.

Plenty of Stone fruit still around in the Dural and Hawkesbury regions but slowing down. Fresh vegies are plentiful. We also have Game, Duck and other cuts of meat, plenty of flowers and Figs can be found at Grose Vale

How are the Apples going?

Jonathan Apples and Golden Delicious are really at their best and you can pick your own at Pine Crest and Shields Orchard. There are a few Gala still around. Fuji will be here in about three weeks.

When are the Chestnuts arriving ?

Next Saturday the 10th of March is the opening of the Walnuts and Chestnuts season at Mount Irvine. Chestnuts first and then followed by the Walnuts.

There are two properties on the Farm Gate Trail (Nutwood Farm and Kookootonga Walnut and Chestnut Farm) where you can pick your own. When you arrive on their properties they will give you a stick and a red bucket and away you go tapping the branches and picking up the nuts as they fall from the trees. Both farmers tell me the trees are full and they look terrific. I can't wait.

What a day out. This is only about a 6 week season, so go early.

Other events:

Wrapt in Wool Open Day at Virginia Farm at Annangrove on the 4th of March.

There will be plenty of demonstrations of wool spinning straight from the sheep's back.

Community Cooking Fun is back to tempt you with new recipes and some new exciting activities and competitions. Starting this Sunday and then every Sunday at the Hawkesbury Earth Care Centre, on the UWS Hawkesbury Campus (9am – 12 noon) This is a real community event using fresh ingredients where people can get together and have a chat over a great meal.

Urban Graze, a cooking school, and a members of the Hawkesbury Harvest network who uses the fresh vegies and produce from our markets which are on next week are having an open day where you can drop in and learn a little about Cooking and take part in a Barista demonstration. There will be plenty of tastings That at Kellyville 11am and 1pm in Kellyville on the 10th March.

Elaine called from Fernbrook Garden and Gallery is now open from their summer break. Les has got the garden looking a real picture. It is a most beautiful garden.

Plenty of Galleries just starting new exhibitions and the Windsor Antique Road show is on today.

Listeners can get a [free Farm Gate Trail Map](#) and all this information on the website by going to

www.hawkesburyharvest.com.au

Listed below are some of the members of Hawkesbury Harvest that would be happy to see you.

Dural Galston Area.

Place	Address	Telephone	Opening Hours	Map #
The Geranium Nursery and Cafe	828 Old Northern Rd. Dural	0296520475	7 Days 9am – 5pm	34
Nati Bros Roses	790 Old Northern Rd. Dural	0296511375	7 Days 8am – 5pm	35
Berry Good Farms	53 Arcadia Rd Galston	0296531311	7 Days 8am – 5pm	37
Lauders Loft	14 Black Rd Arcadia	0296532422	24 Hours	38
Galston Strawberries at 359	359 Galton Rd Galston	0296531082	Fri, Sat –Sun 10 am – 3 pm	36
Balanced Essential	3046 Old Northern Road Glenorie	0296520555	Weekdays only, other by Appointment	44
Alpacandes Alpaca Lodge		0296531693	By Appointment	
Darling Mills Farm		0296551339	By Appointment	
Virginia Wool Farm Works		0296541069	By Appointment	
Waddells Packing Shed	377 Galston Rd Galston	0296531331	Open till mid April	

If you are interested in a tour of the Farm Gate Trail: Ryan Thompson from Good Az Gold Tours can organise a personalised tour of your choice. Please contact Ryan on 0408973267 or Hawkesbury Sightseeing Tours, Janice Hart. 0408751422

West River Run

Place	Address	Telephone	Opening Hours	Map #
The Orange Spot	247 Wilberforce Rd Windsor	0245772763	Thurs – Sun 9am – 6pm	26
M& A Butchery	62 King Road, Wilberforce	0245751233	Mon-Fri 7am – 6pm, Sat 7am – 2pm	27
The Hawkesbury Vegetable Farm	13 Carrs Rd, Wilberforce	0245763529	Saturday Only 9am – 3pm. or ring for appointment (0417443057)	28
Tizzana Winery	518 Tizzana Rd, Ebenezer	0245791150	Sat –Sun 12noon – 6pm. Weekday by Appointment.	29
Talai Estate	748 Wisemans Ferry Rd. Maroota South	0245728493	Fri, Sat, Sun 10am – 6pm	51
Renaissance Rocking Horses & The Loft at Rocking Horse Lodge	143 Pitt Town Road Pitt Town	0245778697	7 Days	50
The Strawberry Farm	271 Windsor Rd. Vineyard.	0245776545	7 days 9am – 5pm.	
Hawkesbury River Prawns		Troy Ireland	0407664756	
Desert to Bush		Michael	0419127599	
Gary Howard's Hawkesbury River Prawns		Gary	0245754009	
St Albans Gallery	17 Wharf Road St Albans	0245682286	11am – 5pm Sat Sun & PH	
Deschamps Delights	241 St Albans Road Lower McDonald	02 45 664 530	10am - 4pm Tuesday, Thursday, Saturday and Sunday	53

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North River Run

Place	Address	Telephone	Opening Hours	Map #
Pepes Ducks	17 Walker St South Windsor	0245 774233	Mon-Fri 8am – 3pm. Open on Sat from Oct – 7am – 12noon.	21
Penrith Valley Oranges	800 Castlereagh Rd Castlereagh	0247762332	Jan – Jun 9.00am to 5pm 7 days	20
Breewood Gallery	310 Windsor St Richmond	0245789100	Mon-Sat 9am - 5.30pm	19
Panthers North Richmond	33 Beaumont Av North Richmond	0245711757	Daily from 11.30am	18
Tanglin Lodge Alpaca	128 Tennyson Road Tennyson	0245766929	By Appointment Only	16
Enniskillen Orchard	753 Grose Vale Rd Grose Vale	0245721124	Wed – Sun 9.30am – 6pm	15
Sebel Resort and Spa Hawkesbury	61 Richmond Rd Windsor	0245774222	Every Day	23
Blue Mountains Natural Spring Water	11 Grandview Lane Bowen Mountain	0245721275	Mon – Fri 9am -5pm. Weekend by Appointment	
Packing Shed Patchwork	201 Cabbage Tree Road Grose Vale. (street on map)	0245721126	By Appointment	65
Kurrajong Kitchens		0245773299	By Appointment	

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Mountains Run

Place	Address	Telephone	Opening Hours	Map #
Fernbrook Garden & Botanical Gallery	2 Queen St Kurrajong Heights	0245677330	Fri – Mon 120am – 4.30pm. March to December	11
Pine Crest Orchard	2549 Bells Line of Road	0245671143	Mid Jan - April	6
Mount Tomah Botanical Gardens	Bells Line of Road, Mount Tomah	0245672154	Mar – Sept 10 – 4pm Oct- Feb 10 – 5pm	2
Loxley on Bellbird Hill	993 Bells Line of Road, Kurrajong Hills	0245677711	7 Days	12
Lochiel House	1259 Bells Line of Road, Kurrajong Heights	0245677754	Wed –Sun 10am - 3pm, 6pm -9pm	10
Sassafras Creek	83 Old Bells Line of Road Kurrajong	024573 0988	Hours: 7 days a week 9 am to 5 pm until Christmas	61
Toque Restaurant	85 Bells Line of Road	02 45732724	Wed – Sun	62
Shields Orchard	2270 Bells Line of Road	02 45671206	7 Day, in Season Jan – Mid may.	64
Town and Country Gardens		0245672026	Open 10am to 4pm, Sun and Mon in Oct, Nov, Jan, Feb and Mar or by appointment at other times	66
Mt Tomah Farm	Bells Line of Rd Mt Tomah	0245672029	By Appointment	