

Gardens			Jan, Feb and Mar or by appointment at other times	
Mt Tomah Farm	Bells Line of Rd Mt Tomah	0245672029	By Appointment	

			Saturday and Sunday	
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If you are interested in a tour of the Farm Gate Trail: Ryan Thompson from Good Az Gold Tours can organise a personalised tour of your choice. Please contact Ryan on 0408973267 or Hawkesbury Sightseeing Tours, Janice Hart. 0408751422

#### North River Run

Place	Address	Telephone	Opening Hours	Map #
Pepes Ducks	17 Walker St South Windsor	0245 774233	Mon-Fri 8am – 3pm. Open on Sat from Oct – 7am – 12noon.	21
Penrith Valley Oranges	800 Castlereagh Rd Castlereagh	0247762332	Jan – Jun 9.00am to 5pm 7 days	20
Breewood Gallery	310 Windsor St Richmond	0245789100	Mon-Sat 9am - 5.30pm	19
Panthers North Richmond	33 Beaumont Av North Richmond	0245711757	Daily from 11.30am	18
Tanglin Lodge Alpaca	128 Tennyson Road Tennyson	0245766929	By Appointment Only	16
Enniskillen Orchard	753 Grose Vale Rd Grose Vale	0245721124	Wed – Sun 9.30am – 6pm	15
Sebel Resort and Spa Hawkesbury	61 Richmond Rd Windsor	0245774222	Every Day	23
Blue Mountains Natural Spring Water	11 Grandview Lane Bowen Mountain	0245721275	Mon – Fri 9am -5pm. Weekend by Appointment	
Packing Shed Patchwork	201 Cabbage Tree Road Grose Vale. (street on map)	0245721126	By Appointment	65
Kurrajong Kitchens		0245773299	By Appointment	

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#### Mountains Run

Place	Address	Telephone	Opening Hours	Map #
Kookootonga Walnut and Chestnut Farm	247 Mt Irvine Rd, Mt Irvine	0247562136	9am –5pm in Seasoan	1
Nutwood Farm	22 Danes Way Mt Irvine	0247562191	Sat – Sun 10.00am – 5pm	63
Fernbrook Garden & Botanical Gallery	2 Queen St Kurrajong Heights	0245677330	Fri – Mon 120am – 4.30pm. March to December	11
Pine Crest Orchard	2549 Bells Line of Road	0245671143	Mid Jan - April	6
Mount Tomah Botanical Gardens	Bells Line of Road, Mount Tomah	0245672154	Mar – Sept 10 – 4pm Oct- Feb 10 – 5pm	2
Loxley on Bellbird Hill	993 Bells Line of Road, Kurrajong Hills	0245677711	7 Days	12
Lochiel House	1259 Bells Line of Road, Kurrajong Heights	0245677754	Wed –Sun 10am - 3pm, 6pm -9pm	10
Sassafras Creek	83 Old Bells Line of Road Kurrajong	024573 0988	Hours: 7 days a week 9 am to 5 pm until Christmas	61
Toque Restaurant	85 Bells Line of Road	02 45732724	Wed – Sun	62
Shields Orchard	2270 Bells Line of Road	02 45671206	7 Day, in Season Jan – Mid may.	64
Town and Country Gardens		0245672026	Open 10am to 4pm, Sun and Mon in Oct, Nov.	66

Listed below are some of the members of Hawkesbury Harvest that would be happy to see you.

Dural Galston Area.

Place	Address	Telephone	Opening Hours	Map #
The Geranium Nursery and Cafe	828 Old Northern Rd. Dural	0296520475	7 Days 9am – 5pm	34
Nati Bros Roses	790 Old Northern Rd. Dural	0296511375	7 Days 8am – 5pm	35
Berry Good Farms	53 Arcadia Rd Galston	0296531311	7 Days 8am – 5pm	37
Lauders Loft	14 Black Rd Arcadia	0296532422	24 Hours	38
Galston Strawberries at 359	359 Galton Rd Galston	0296531082	Fri, Sat –Sun 10 am – 3 pm	36
Balanced Essential	3046 Old Northern Road Glenorie	0296520555	Weekdays only, other by Appointment	44
Alpacandes Alpaca Lodge		0296531693	By Appointment	
Darling Mills Farm		0296551339	By Appointment	
Virginia Wool Farm Works		0296541069	By Appointment	
Waddells Packing Shed	377 Galston Rd Galston	0296531331	Open till mid April	

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West River Run

Place	Address	Telephone	Opening Hours	Map #
The Orange Spot	247 Wilberforce Rd Windsor	0245772763	Thurs – Sun 9am – 6pm	26
M& A Butchery	62 King Road, Wilberforce	0245751233	Mon-Fri 7am – 6pm, Sat 7am – 2pm	27
The Hawkesbury Vegetable Farm	13 Carrs Rd, Wilberforce	0245763529	Saturday Only 9am – 3pm. or ring for appointment (0417443057)	28
Tizzana Winery	518 Tizzana Rd, Ebenezer	0245791150	Sat –Sun 12noon – 6pm. Weekday by Appointment.	29
Talai Estate	748 Wisemans Ferry Rd. Maroota South	0245728493	Fri, Sat, Sun 10am – 6pm	51
Renaissance Rocking Horses & The Loft at Rocking Horse Lodge	143 Pitt Town Road Pitt Town	0245778697	7 Days	50
The Strawberry Farm	271 Windsor Rd. Vineyard.	0245776545	7 days 9am – 5pm.	
Hawkesbury River Prawns		Troy Ireland	0407664756	
Desert to Bush		Michael	0419127599	
Gary Howard's Hawkesbury River Prawns		Gary	0245754009	
St Albans Gallery	17 Wharf Road St Albans	0245682286	11am – 5pm Sat Sun & PH	
Deschamps Delights	241 St Albans Road Lower McDonald	02 45 664 530	10am - 4pm Tuesday, Thursday,	53

## **What can Mum find at Farmers and Gourmet Food Markets which are on today at Castle Hill**

Mum can pick up their fresh roses, other freshly cut flowers, beautiful condiments herbs, spices, duck, trout, milk, game, chicken, mushroom, vegies, bread, pasta , cheese. If you really want to spoil your mum, drop in and see Peter and Peta, from Town and Country Gardens at the market who called and told me that they will be featuring their Wollemi Pine. It would make a special gift for mum.

## **I hear there will be free hampers of fresh produce and valued added products at the market.**

That's right Simon, 2, drawn and 10 and 11 so get there early. We will also have a sausage sizzle put on by the local rotary group. It should be a fun market. There are plenty of tables and chair to sit around in and you can fill up having a wonderful coffee and our famous egg and bacon rolls.

## **They don't grow Coffee or Tea in the Hawkesbury do they?**

Not to my knowledge, but if you talk to Andrew Philips from the Coffee Warehouse, who will also be at the Markets, who obtains his coffee from all over the world he is looking for people who would like to assist in growing Tea in the Hawkesbury.

## **Does Andrew think he can grow Tea in the Hawkesbury?**

Yes, he has been researching the growing of tea with UWS and CSIRO and apparently the soil from Kurmond around to Lapstone, basically at the foot of the escarpment is ideal for Tea.

## **Black or Green Tea.**

Just green tea Simon . Andrew has 400 – 500 Green Tea plants and is looking to work with people who have a little space to manage 20- 30 plants to see what they can produce.

## **It sounds interesting?**

And exciting Simon, a new product going into the ground, producing jobs and keeping the Hawkesbury the Food bowl of Sydney. We wish Andrew well if his tea is a nice as his coffee he will do all right.

## **I see you have modified the website.**

Yes Simon we have added a Regional Produce Directory and we are currently updating it. Just one click and you can access the fresh tucker of your choice.

**Listeners can get a free Farm Gate Trail Map, visit the Regional Produce Directory and all this information on the website by going to**

[www.hawkesburyharvest.com.au](http://www.hawkesburyharvest.com.au)

# **FARM GATE ROUNDUP Saturday 12<sup>th</sup> May 2007**

**Alan Eagle: 02 45 782326      or      0415244477 (M)**

**Alan Good Morning,**

G'Day Simon,

## **Mother Day weekend and the Farm gate Trail, do they go together?**

They sure do Simon, there are plenty of things for Mum to do on the trail.

Fresh flowers and fresh food, gardens and value added products are available all along the trail.

## **What about Roses?**

Joe from Nati Bros Roses called and he has a fantastic range of roses over at Dural. Joe and his team are great supporters of local produce and you can take a tour of the rose farm, but telephone first to arrange it.

You can pick up some lovely Lavender products at Glenorie

## **How are the Apples Going?**

Apples are still going in the Mountains, however Bill from Shield Orchards called and said this will be his last weekend for pick your own. They have had a terrific season. So if you want to pick some Apples this is your last weekend on the Farm Gate Trail. You can take mum in the car and get into the mountains at this time of the year the scenery is beautiful.

You can pick up some Granny Smiths, Pink Ladies and Sundowner Apples at Grose Vale.

## **What about other types Fruit**

Also down in Grose Vale they also have Zola and Roma tomatoes, they taste like they did in the old days, also they have a few Figs.. Local Honey in the varieties of Bush, Scrub and Regional Honey from across the mountains. Only 4 weeks for oranges and 5 weeks for mandarins. I can't wait.

## **There are also some wonderful Gardens for Mum to visit this weekend.**

Yes Simon, Fernbrook Gardens and Gallery have their special Open Garden weekend on today and tomorrow and don't forget the Mount Tomah Botanical Gardens. I was there last weekend and they look fantastic.